## Professional Development Course Offerings

Course Title	Description
Adversity and Young Children	Learn how adverse childhood experiences (ACEs) affect brain and body development, and why early recognition and support are critical.
Art, Music and Movement in Early Childhood	Explore strategies to support children's creativity and imagination through an introduction to art, music, and movement activities that foster self-expression.
Building a Preschool Classroom Community	Explore strategies to build inclusive classroom communities that foster belonging, connection, and confidence among children and families.
Building Preschool Friendship Skills	Learn how to support preschoolers in developing core friendship skills through purposeful, responsive teaching and social-emotional guidance.
Building Professionalism in Early Childhood Education	Explore concepts of professionalism, including ethics, boundaries, communication, and build strategies to apply principles in daily practice.
Building Resilience in Young Children	Explore the connection between adversity and resilience and learn techniques to foster coping skills for young children.
Building Routines for Preschoolers	Discover the importance of establishing consistent routines and schedules to help preschoolers with predictable patterns to support their growth and development.
Child Development	Learn foundational concepts in early childhood settings and be introduced to developmentally appropriate practices.



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Classroom Management and the Teacher	Learn how to support young children's development through strategies to support your classroom organization and consistent routines to build predictability.
Cognitive and Language Development	Explore intentional strategies to support children's cognitive and language development through this introductory course.
Concepts of Administration of Early Childhood Education	Explore essential tools for learning early childhood programs through this introduction to professionalism, staff development, budgeting, and program planning.
Continuity of Care for Infants and Toddlers	Explore how consistent, responsive caregiving promotes secure attachment and healthy development, and take steps to implement continuity of care in your program.
Creating a Healthy and Safe Learning Environment	Discover essential practices for maintaining safe, developmentally supportive spaces that nurture preschoolers' well-being and autonomy.
Creating Welcoming Environments for Everyone	Explore strategies for creating culturally responsive spaces that promote belonging, emotional safety, and inclusive relationships in early childhood settings.
Exceptional Children and Inclusive Practices	Learn to support the unique needs of all children by ensuring inclusive practices in this introductory course that supports fostering equitable learning environments.
Goal Setting for Administrators	Learn how goal setting can help you effectively manage tasks every day, all year.
Guiding Behavior of Children	Learn to support children's emotional and social development through the introduction of practical strategies to promote prosocial behaviors.



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Health, Safety & Nutrition	Explore foundational practices in health, nutrition, and safety through the introduction of practical tools to promote childhood well-being.
Inclusive Laws and Early Childhood Education	Dive into the federal inclusive laws and gain a new understanding of tools to create compliant, welcoming environments for all children.
Infant and Toddler Development and Biting	Learn a different approach to the causes of biting beyond the behavior itself and discover ways to support prosocial behaviors that discourage biting in toddlers.
Interactions and Infants	Learn about serve-and-return and explore strategies that support positive interactions that impact infant brain development.
Language and Literacy in Early Childhood	Explore key strategies to build early language and literacy skills through an introduction that supports early skills for success.
Large Group Circle Time for Preschoolers	Learn to plan and engage preschoolers with developmentally appropriate circle time activities that support learning outcomes.
Leadership in Early Childhood Education	Learn effective ways to build your leadership through advocacy, public policy awareness, and strong family partnerships.
Managing it All as an Administrator	Learn strategies to manage competing priorities, boost productivity, and feel accomplished in the busy role of early education leadership.
Math and Science in Early Childhood	Discover effective ways to introduce math and science concepts to young children through engaging content, methods, and materials.



Course Title	Description
Nurturing Early Learning through Engaging Interactions and Environments	Learn to support children's continual growth and development through making everyday moments intentional interactions to engage learning.
Observing and Documenting Development: An Overview	Learn to enhance childhood programming through insights of observing and documenting young children's development.
Outdoor Interactions & Environment for Preschoolers	Learn to create purposeful outdoor environments through strategies that foster children's safety, imagination, and development while they explore outdoors.
Partnering with Families	Explore the benefits of partnering with families to increase opportunities for young children's development and learn new strategies to build effective communication, collaboration, and shared experiences.
Physical Development	Explore strategies to encourage physical development in young children through this introductory course.
Responsive Caregiving and Relationships Building	Explore responsive caregiving and discover the benefits of fostering strong emotional relationships for children's growth and development.
Scaffolding Learning	Explore scaffolding techniques and discover strategies to guide children's growth and development.
Sensory Play and Sensory Fun with Toddlers	Learn about toddler development through sensory-rich experiences that promote learning and explore strategies to promote curiosity, regulation, and growth for young children.
Social and Emotional Development	Explore the foundations of social and emotional development through this introduction to ways to support children express feelings, build relationships, and cope with stress.



Course Title	Description
Super Staff Supervision	Learn reflective supervision techniques to support staff relationships, reduce stress, and encourage professional growth through active listening and collaborative reflection.
Teaching Dual Language Learners	Discover new strategies to support children learning a second language through this introductory course on dual language acquisition.
Teaching Safe and Healthy Routines with Preschoolers	Discover the importance of safe and healthy routines in supporting children's well-being and explore strategies to create predictable routines for daily success.
The Brain Architecture - Understanding Brain Development in Young Children	Discover the architecture of the brain and explore how experiences and relationships impact development.
Time Management and the Teacher	Discover how time management can boost classroom efficiency and reduce teacher stress to build more opportunities for interactions with children.
Understanding Ethical Practices in Early Childhood	Explore NAEYC's Code of Ethical Conduct and learn how ethical principles guide daily decisions in early childhood settings through reflection, real-world scenarios, and interactive activities.
Understanding Infant Development	Explore infant development and learn strategies to support important milestones during the first year of life.
Understanding Toddler Development	Explore the rapid development of the toddler years and learn strategies to support growth and learning.



